

HSP-109-05D

She Rises / Dalton / SSAA double choir, a cappella

She Rises

for SSAA double choir, a cappella

Catherine Dalton



Hickory Street Publishing · catherine@catherinedalton.net · www.catherinedalton.net

She Rises

She rises up from the heather.
Her flame in hand, she crosses the sky.
When she's tired she lays down her head.
In the sweet heather she makes her bed.

All night we tend to her flame,
her sacred light, eternal and bright.
When she wakes she'll open her eyes.
Then up from the heather she'll again rise.

She flames the poet's pen,
fires the forge and hearth,
lights the fire within.

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PROGRAM NOTES

She Rises was written, in part, by a desire to explore the physics of light and the mystery of illumination through the power of the human voice. I began by imagining the sounds of electrons falling from higher to lower energy levels, emitting light in the process. For a few weeks, I walked around making “sun sounds” and asking other people what they thought the sun “sounded” like.

I was surprised, at one point, to hear a Celtic-style melody find its way into the composition. This melody inspired the lyrics for *She Rises* which speak of the Celtic sun goddess, Brigid, and of Saint Brigid of Kildare, the Irish saint of, among other things, poetry, the hearth fire, the forge and illumination. A jubilant celebration of energy, *She Rises* is a reminder of the light that resides within and around us.

PERFORMANCE NOTES

She Rises integrates playful musings on the “sounds of light” throughout the piece. Beginning with measure four, the unvoiced phonemes, “Khoo,” “Haa,” and “Shh” represent the energy of the sun that is generated through nuclear fusion. At measure 22, gentle pulsing representing the light from distant stars is introduced. Finally, at measure 24, vocal slides serve as metaphors for electrons falling from higher energy levels to lower levels, emitting photons, or light, in the process.

Below is a phonetic guide to the pronunciation of “hia,” “ho” and “hilia.”

Phonetic Guide

	hi-	a	ho	hi-	li-	a
Dictionary Pronunciation	hī	yə	hō	hī	lē	yə
IPA	[ha:i]	[jə]	[ho]	[ha:i]	[li]	[jə]

ABOUT THE COMPOSER

Catherine Dalton specializes in vocal compositions that are inspired by classical, jazz, folk, world music, and chant. Her music has been performed by such groups as Vox Femina Los Angeles, VocalEssense Chorus, Camerata Nova, and the internationally known new music ensemble Zeitgeist, in addition to singers Carrie Henneman-Shaw, Clara Osowski, and Nicole Warner and numerous choirs across the United States and abroad.

Let me know about a performance or schedule a time for me to work with your choir in person or via video chat. You may contact me at catherine@catherinedalton.net



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Duration: 3:50

In memory of the keepers of St. Brigid's flame

She Rises

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L. = 90 Night is ending
p ethereal, stagger breathing, non-vib.

Soprano 1

Soprano 2

Choir I

Alto 1

Alto 2

p ethereal, stagger breathing, non-vib.

p ethereal, stagger breathing, non-vib.

mp powerful, sun-like

Soprano 1

Soprano 2

Choir II

Alto 1

Alto 2

mp powerful, sun-like

mp powerful, sun-like

Piano

for rehearsal only

* Each singer slowly evolves from "oo" to "ee."

HSP-109-05D

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She Rises - Dalton

A The Sun Appears on the Horizon
mp lightly, with spirit

S She ris - es up from the heath-er. Her flame in hand, she cross-es the sky.

A She ris - es up from the heath-er. Her flame in hand, she cross-es the sky.

Small group *mp*
 Shh > Khoo

Pno.

13

S When she's tired she lays down her head. In the sweet heath-er *L* she makes her bed.

A When she's tired she lays down her head. In the sweet heath-er *L* she makes her bed.

Small group *13*
 Haa

Pno.

L = stomp with left foot *R* = stomp with right foot

18 *mf*

S Hi - a, hi - a, ho, ho, ho.

A Hi - a, hi - a, ho.

Pno.

gentle pulsing

22

S Hi - a, hi - a, ho.

A Hi - a, hi - a, ho.

Pno.

gentle pulsing

B

26 *mp*

S All night we tend to her flame, her sa - cred light, e - ter-nal and bright. When she wakes, she'll

A All night we tend to her flame, her sa - cred light, e - ter-nal and bright. When she wakes, she'll

Pno.

She Rises - Dalton

31

S o - pen her eyes. Then up from the heath-er *L* she'll a - gain rise.

A o - pen her eyes. Then up from the heath-er *L* she'll a - gain rise.

Pno.

35 *mf*

S 1 Hi - a, hi - a, ho, *mf* ho, ho. Hi - a, hi - a, ho.

S 2 Hi - a, hi - a, ho. Hi - a, hi - a, ho. *mf*

A 1 Hi - a, hi - a, ho. Hi - a, hi - a, ho. *mf*

A 2 Hi - a, hi - a, ho. Hi - a, hi - a, ho. *mf*

Pno.

She Rises - Dalton

5

CHOIR II DROPS OUT

39

S 1 Hi - a, hi - a, ho.

S 2 Hi - a, hi - a, ho.

A 1 Hi - - - - a, ho.

A 2 Hi - - - - a, ho.

Pno.

C

43

Choir I

S 1

S 2 *p* light, boyant She _____ flames the po-et's _____ pen, fires the forge _____ and hearth, lights the

A 1 *p* light, boyant She _____ flames the po-et's _____ pen, fires the forge _____ and hearth, lights the

A 2

Pno.

49

S 1

S 2 *p light, boyant*
fire ____ with - in. She ____ flames the po - et's ____

Choir I

A 1
fire ____ with - in. She ____ flames the po - et's ____

A 2 *p light, boyant, 2nd time only*
She ____ flames the po - et's ____

Pno.

54

S 1

S 2

Choir I

pen, fires the forge ____ and hearth, lights the fire ____ with - in.

A 1
pen, fires the forge ____ and hearth, lights the fire ____ with - in.

A 2
pen, fires the forge and hearth, lights the fire, lights the fire with-in.

Pno.

CHOIR II RE-ENTERS AFTER REPEAT

D

59 *building in energy*

S 1

S 2 *mf 2nd time only*

Choir I

A 1 *mf 2nd time only*

A 2 *mf 2nd time only*

S 1 *building in energy*

Choir II

A 1 *mf*

A 2 *L mf*

Pno.

She _____ flames the po - et's _____ pen, fires the

She _____ flames the po - et's _____ pen, fires the

She _____ flames the po - et's _____ pen, fires the

Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, hi - li ho. _____

Khoo Haa Shh K K Khoo Haa Shh

Hi - a, hi - a, hi - li - a, hi - a. Hi - a, hi - a, hi - li ho. _____

She Rises - Dalton

63

Choir I

S 1

S 2 forge _____ and hearth, lights the fire _____ with - in.

A 1 forge _____ and hearth, lights the fire _____ with - in.

A 2 forge and hearth, lights the fire, lights the fire with - in.

R
S 1 Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, hi - li ho.

S 2

Choir II

A 1 > Khoo Haa Shh > K K > Khoo Haa > Shh

R
A 2 Hi - a, hi - a, hi - li - a, hi - a. Hi - a, hi - a, hi - li ho.

Pno.

She Rises - Dalton

9

E

The Height of the Day
continue building in energy, accel. poco a poco

67

S 1

f

Hi - - - a, hi, hi, hi.

S 2

f

She _____ flames the po - et's _____ pen, fires the

Choir I

A 1

f

She _____ flames the po - et's _____ pen, fires the

A 2

f

She _____ flames the po - et's _____ pen, fires the

continue building in energy, accel. poco a poco

S 1

f

L Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, hi - li ho. L

S 2

f

Hi - - - a, hi, hi.

Choir II

A 1

f

> Khoo > Haa > Shh > K K > Khoo > Haa > Shh

A 2

f

L Hi - a, hi - a, hi - li - a, hi - a. Hi - a, hi - a, hi - li ho. L

Pno.

67

Choir I

S 1 S 2 A 1 A 2

71

Hi - - - - a, hi, _____ hi, hi,
 forge _____ and hearth, lights the fire _____ with - in.

1.

forge _____ and hearth, lights the fire _____ with - in.

1.

forge and hearth, lights the fire, lights the fire with-in.

R

S 1 S 2

Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, hi - li ho.
 Hi - - - - a, hi, _____ hi, hi,

1.

1.

1.

Choir II

A 1 A 2

Khoo Haa Shh K K Khoo Haa Shh
 > > > > > > >

Hi - a, hi - a, hi - li - a, hi - a. Hi - a, hi - a, hi - li ho.

R

Pno.

71

Choir I

S 1 hi, _____ hi, hi, hi - li ho.

S 2 fire _____ with - in, the fire, _____ the fire with - in.

A 1 fire _____ with - in, the fire, _____ the fire with - in.

A 2 fire with - - - in, the fire, _____ the fire, with - in.

Choir II

S 1 Hi - a, hi - a, Hi - a, hi - a, hi - li - ho.

S 2 hi, _____ hi, hi, hi - li ho.

A 1 > Khoo > Haa > K > K > Kho > Haa > Shh

A 2 Hi - a, hi - a, Hi - a, hi - a, hi - li ho.

Pno. 75

79 *a tempo*

S 1

S 2

Choir I

A 1 *mf*
 Shh Haa Khoo Shh Haa Khoo

A 2 *mf*
 Shh Haa Khoo Shh Haa Khoo

a tempo

S 1

S 2

Choir II

A 1 *mf* — *f* *mf* — *f*
 She ris - es. She ris - es.

A 2 *mf* — *f* *mf* — *f*
 She ris - es. She ris - es.

Pno.

87 *mp*

S 1 She ris - es up from the heath-er. _____ Her flame in hand, she cross-es the sky.

S 2 She ris - es up from the heath-er. _____ Her flame in hand, she cross-es the sky.

Choir I

A 1 Shh Haa Khoo Shh Haa

A 2 Shh Haa Khoo Shh Haa

mp

S 1 She ris - es up from the heath-er. _____ Her flame in hand, she cross-es the sky.

S 2 She ris - es up from the heath-er. _____ Her flame in hand, she cross-es the sky.

Choir II

A 1 *mf* ————— *f* *mf* —————
She _____ ris - es. She _____

A 2 *mf* ————— *f* *mf* —————
She _____ ris - es. She _____

Pno.

The musical score consists of five staves. The top two staves are for 'Choir I' (Soprano 1 and Soprano 2) and the bottom two staves are for 'Choir II' (Alto 1 and Alto 2). The piano part is at the bottom. The vocal parts sing lyrics such as 'She rises up from the heath-er.' and 'Her flame in hand, she cross-es the sky.' The piano part provides harmonic support with chords. Measure numbers 87 and 88 are indicated above the staves. Dynamics like *mp*, *mf*, and *f* are used throughout the piece.

She Rises - Dalton

G

S 1 L *mf*

Hi-a, hi - a, hi - li-a hi - a. _____

S 2 L *mf*

Hi-a, hi - a, hi - li-a hi - a. _____

Choir I

A 1 > Khoo > Shh > Haa > Khoo > Shh > Haa

A 2 > Khoo > Shh > Haa > Khoo > Shh > Haa

S 1 L *mf*

Hi-a, hi - a,

S 2 L *mf*

Hi-a, hi - a,

Choir II

A 1 *f* *mf* ————— *f* *mf* —————

ris - es. She _____ ris - es. She _____

A 2 *f* *mf* ————— *f* *mf* —————

ris - es. She _____ ris - es. She _____

Pno.

93

100

S 1 L *mf* Hi-a, hi - a, hi - li-a hi - a.____

S 2 L *mf* Hi-a, hi - a, hi - li-a hi - a.____

Choir I

A 1 > Khoos > Shh > Haa > Khoos

A 2 > Khoos > Shh > Haa > Khoos

S 1 hi - li ho.____ L *mf* Hi-a, hi - a, hi - li-a hi - a.____

S 2 hi - li ho.____ L *mf* Hi-a, hi - a, hi - li-a hi - a.____

Choir II

A 1 — *f* ris - es. *mf* She — *f* ris - - es.

A 2 — *f* ris - es. *mf* She — *f* ris - - es.

Pno. 100 (Bassoon part)

Choir I

S 1 S 2

Hi-a, hi-a, hi - li ho. _____

Hi-a, hi-a, hi - li ho. _____

Hi-a, hi-a, hi - li ho. _____

Hi-a, hi - a,

A 1 A 2

Shh Haa Khoo

Shh Haa Khoo

Shh Haa Khoo

S 1 S 2

Hi-a, hi-a, hi - li ho. _____

Hi-a, hi-a, hi - li ho. _____

Hi-a, hi - a, hi-li-a hi - a.

A 1 A 2

She _____ ris - es. She _____ ris -

She _____ ris - es. She _____ ris -

Pno.

Choir I

S 1 S 2

Hi-a, hi - a, hi - li ho. _____ *Hi-a, hi - a,*
hi - li-a hi - a. _____ *Hi-a, hi - a, hi - li ho. _____*

A 1 A 2

Shh Haa Khoo *She*
Shh Haa Khoo *She*

Choir II

S 1 S 2

Hi-a, hi - a, hi - li ho. _____ *Hi-a, hi - a, hi - li ho. _____*

A 1 A 2

- - es. She ris - - - es. She
mf *f* *mf*
- - es. She ris - - - es. She
mf *f* *mf*

Pno.

114

She Rises - Dalton

120

S 1 hi - li - a hi - a. Hi - a, hi - a, hi - li ho. Hi - a, hi - a,

S 2 L f Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a,

Choir I

A 1 f ris - - - es. She

A 2 f ris - - - es. She

S 1 L f Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, hi - li ho.

S 2 L f Hi - a, hi - a, hi - li - a hi - a.

Choir II

A 1 f ris - - - es. She

A 2 f ris - - - es. She

Pno.

124

S 1 hi - li - a hi - a. Hi - a, **g**

S 2 hi - li ho. Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, **g**

Choir I

A 1 **f** ris - - - - es. **g**

A 2 **f** ris - - - - es. **g**

S 1 L Hi - a, hi - a, hi - li - a hi - a. Hi - a, hi - a, Hi - a, hi - a, **g**

S 2 R Hi - a, hi - a, hi - li ho. Hi - a, hi - a, Hi - a, hi - a, **g**

Choir II

A 1 **f** ris - - - - es. **g**

A 2 **f** ris - - - - es. **g**

Pno. 124

The musical score consists of six staves. The top two staves are for 'Choir I' (Soprano 1 and Soprano 2), followed by two more staves for 'Choir I'. Below them are two staves for 'Choir II' (Alto 1 and Alto 2). The piano accompaniment is at the bottom. The vocal parts sing a rhythmic pattern of eighth and sixteenth notes, with lyrics like 'hi - li - a' and 'Hi - a'. The piano part features eighth-note chords. Measure numbers 124 and 125 are indicated above the staves. Dynamics like forte (f), piano (p), and legato (L) are marked. Measure 124 ends with a common time signature (g), while measure 125 begins with a 9/8 time signature.

H

Color Floods the Horizon

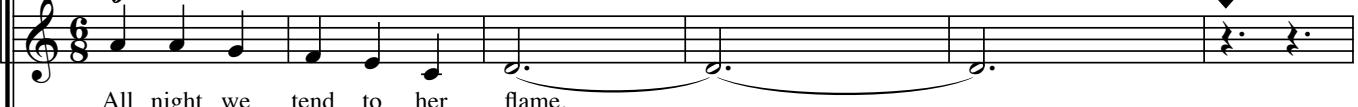
128

*mf***L**

S 1 

All night we tend to her flame, _____

S 2*mf***L**

S 2 

All night we tend to her flame, _____

Choir I**A 1***mf***L**

A 1 

All night we tend to her flame, _____

A 2*mf***L**

A 2 

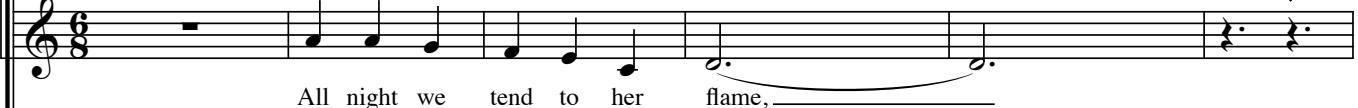
All night we tend to her flame, _____

S 1*mf*

S 1 

All night we tend to her flame, _____

S 2*mf***R**

S 2 

All night we tend to her flame, _____

Choir II**A 1***mf***R**

A 1 

All night we tend to her flame, _____

A 2*mf***R**

A 2 

All night we tend to her flame, _____

Pno.



134

S 1 her sa - cred light, e - ter - nal and bright.

S 2 her sa - cred light, e - ter - nal and bright.

Choir I

A 1 her sa - cred light, e - ter - nal and bright.

A 2 her sa - cred light, e - ter - nal and bright.

S 1 her sa - cred light, e - ter - nal and bright.

S 2 her sa - cred light, e - ter - nal and bright.

Choir II

A 1 her sa - cred light, e - ter - nal and bright.

A 2 her sa - cred light, e - ter - nal and bright.

Pno.

She Rises - Dalton

139

S 1 When she wakes, she'll o - pen her eyes. Then up ____ from the

S 2 When she wakes, she'll o - pen her eyes. Then up ____ from the

Choir I

A 1 When she wakes, she'll o - pen her eyes. Then up ____ from the

A 2 When she wakes, she'll o - pen her eyes. Then up ____ from the

S 1 When she wakes, she'll o - pen her eyes. Then up ____ from the

S 2 When she wakes, she'll o - pen her eyes. Then up ____ from the

Choir II

A 1 When she wakes, she'll o - pen her eyes. Then up ____ from the

A 2 When she wakes, she'll o - pen her eyes. Then up ____ from the

Pno.

meno mosso

S 1 heath - er, she'll a - gain rise.

S 2 heath - er, she'll a - gain rise.

Choir I

A 1 heath - er, she'll a - gain Khoo Haa

A 2 heath - er, she'll a - gain rise.

meno mosso

S 1 heath - er, she'll a - gain rise.

S 2 heath - er, she'll a - gain rise.

Choir II

A 1 heath - er, she'll a - gain Khoo Haa

A 2 heath - er, she'll a - gain rise.

Pno.

The Sun Disappears

Choir I

147

S 1

S 2

Choir I

A 1
Shh K K Khoo Haa Shh K K Khoo

A 2

S 1

S 2

Choir II

A 1
Shh K K Khoo Haa Shh K K Khoo

A 2

Pno.

147

More Music by Catherine Dalton

Choral

Although the Wind (Izumi Shikibu) | SSAA a cappella

boundless joy (Dalton) | SATB choir and narrator

Come from Far, Come from Near (Dalton) | SATB a cappella

From the State of Emptiness (Dalton) | SATB, sus. cymbal, frame drum | SSAA, sus. cymbal, frame drum, cello

Fly with Me (Dalton) | SSA, piano

I Know a Woman (Dalton) | SATB choir, soprano soloist

My Box (Lauren Dalton) | SA, piano

O My Friends What Can You Tell Me of Love (Mirabai, trans. by Hirshfield) | SATB choir with optional hand drum, finger cymbals/windchimes and tambourine

One Mind, One Heart (Lee Her/Kristen Maier) | SATB, piano, claves, small gong, hand drum

Out Beyond Ideas (I'll Meet You There) (Rumi, trans. by Barks, O'Shaughnessy) | SAB/SATB choir and piano

She Rises (Dalton) | SSAA double choir, a cappella

Street Dance (Dalton) | SATB a cappella | TTBB a cappella

Sweet Radiant Mystery (Dalton) | Four part chant for equal or mixed voices and piano or handbells

The Flute of the Infinite (Kabîr, trans. by Tagore) | SATB a cappella, optional flute, hand drum

The Path You Walk Upon (Dalton) | SATB, piano, violin | SSA, piano, violin | SA, piano

This Morning's Paper (Dalton) | SATB, soprano soloist and piano

Today will be warm: A Story Cloth in Sound (Kao Kalia Yang) | SATB, Tibetan hand chimes, djembe, hand-chimes

We Don't Get To Choose (Nelson) | SSAA divisi, a cappella

Whether the Weather (British Rhyme) | SSAA, a cappella

You Who Are Also There (Hadewijch II, trans. by Hirshfield) | SATB divisi, a cappella

Solo Voice

Fly with Me (Dalton) | Solo voice, piano

Magnolia Trees (Vikram Seth) | Solo voice, piano

Siana (Dalton) | Solo voice

Silent Tears (Dalton) | Solo voice, piano

Turning into April (Ann Bushnell) | Solo voice, piano

